

HABITAT SCHOOL, AL TALLAH, AJMAN

**PERSONAL, SOCIAL AND
HEALTH EDUCATION (PSHE)
POLICY**

2020-21

Volume-1

INTRODUCTION

Personal, social and health education (PSHE) enables children to become healthy, secure, independent and responsible members of society. At Habitat School, Al Tallah students are encouraged to play a happy and positive role in contributing to the life of the school and the wider community. In doing so this helps to develop their sense of self-worth, enabling children to value their own achievements.

SCOPE OF THE POLICY

The policy applies to all students (KG-Grade 8), and staff (teachers, admin staff, drivers, attenders, etc.) of the Habitat School, Al Tallah, Ajman.

OBJECTIVE OF THE POLICY

- ❖ Know and understand a healthy lifestyle.
- ❖ Be aware of safety issues.
- ❖ Understand what makes for good relationships with others.
- ❖ Have respect for others and communicate effectively.
- ❖ Be independent and responsible members of a community, such as school.
- ❖ Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- ❖ Develop good relationships with other members of the community.
- ❖ Become healthy and fulfilled individual.

IMPLEMENTATION

Student Well-Being Session

During Student Wellbeing Session, using a combination of the PSHE frameworks and the following topics are taught in a systematic and progressive manner:

- Families and People Who Care For Me
- Caring Friendships
- Respectful Friendships

- Be a Buddy not a Bully
- Healthy Life at Pandemic situation
- Healthy Personality
- Know Yourself
- Anger Management Techniques
- Managing Mental Health
- Health is Wealth
- Good manners at home
- Online Relationships
- Being Safe
- Internet Safety and Harms
- Physical Health and Fitness
- Healthy Eating
- Drugs, Alcohol and Tobacco o Health and Prevention
- Basic First Aid
- Changing Adolescent Body,etc.

Positions of Responsibility:

At the start of each academic year pupils are encouraged to apply for the many roles and responsibilities on offer. Pupils are encouraged to apply for the important Leadership positions and wide range of opportunities such as Head boy/Girl, Assistant Head boy/Girl, House Captain, Vice House Captain, Prefects, Environment Secretary, Sports Secretary, Coding Club Leaders, Class Monitors, Behaviour management committee members, etc. Pupils can apply for a position of responsibility that reflects their personal interests and allows them to play an active part in the life of their school.

Teaching PSHE to children with special needs

- We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties.
- When teaching PSHE we take into account the targets set for the children in their Individual Learning Plans (IEPs), where appropriate.

- The children identified as gifted and talented are challenged in all lessons of either direct or indirect PSHE teaching.
- More able pupils will be encouraged to take responsibility, develop leadership skills, think creatively and use their talents for the good of the school and wider community.

Other related policies:

All subject policies should indicate their contribution to PSHE in school. The following whole-school support PSHE education

- ✓ Child Protection Policy
- ✓ Behaviour Management Policy
- ✓ Online Safety Policy
- ✓ SOD Policy
- ✓ Anti-Bullying
- ✓ Counselling Policy
- ✓ ICT Policy
- ✓ Stay Home if Unwell Policy

Review

This policy will be reviewed as it is deemed appropriate, but no less frequently than every 1 year. The policy review will be undertaken by the Principal, or nominated representative.

Policy Framed Date: 01/05/2020

Contact

If you have any queries or concerns regarding this policy then please contact counsellor@tallah.habitatschool.org, sod@tallah.habitatschool.org