



مدرسة هابيتات الخاصة  
HABITAT SCHOOL

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### Health and Hygiene Awareness – MOHAP Guidelines

As part of our ongoing efforts to promote health, hygiene, and the prevention of infectious diseases, we are sharing important educational materials provided by MOHAP on personal hygiene practices.

These resources include guidance on:

- Infectious diseases and their prevention
- Proper handwashing techniques
- Correct cough and sneeze etiquette

We kindly request you to go through the materials and reinforce these healthy practices at home with your children to help maintain a safe and healthy environment.

Please access the materials using the links below:

1. **Guidelines on Dealing with Infectious diseases at School-** [Link](#)
2. **Hand Hygiene-** [Link](#)
3. **Cough Etiquette-** [Link](#)

Regards,

**Principal**  
**Ms. Mariyam Nizar Ahamed**