

Circular No : HBT ATH/GEN/03/2025-26

OFFICIAL CIRCULAR

International Future Bootcamp in Finland

Enrol Now!

Dear Parents,

We are thrilled to bring an extraordinary international learning experience to the students of Habitat School, Al Tallah.

We offer your child a unique opportunity to be part of a one-week, high-impact International Future Bootcamp in Finland designed to develop the right mindset, skills, and vision for the future.

The program is jointly developed by the University of Helsinki, the #1 university in Finland and Lifology, the Guinness World Record holding and Times Award winning pioneer in transforming students to be future ready global citizens. The program was launched in India by Mr. Erik af Hallström, the Consul General of Finland to India.

We know that this will be more than just a trip. This will be a transformational experience for our students.

A group of five young women, likely students, are standing in a snowy field. They are all wearing winter hats and jackets. They are holding Finnish flags, and the sun is shining brightly in the background, creating a warm, golden glow. The women are smiling and looking towards the camera.

From Finland to the World

A transformative program by the Finland 2030 initiative. Under Finland 2030 comes Curriculum 2030 — a futuristic academic curriculum jointly developed by the University of Helsinki and Lifology. Curriculum 2030 is designed to empower the next generation, equipping them with the skills and knowledge to thrive in an ever-evolving future. Together, we are shaping a future-ready, globally competent generation, equipped with the right skills to thrive in an evolving world.

7 Reasons to join this program



Visit Finland and Estonia

Two pioneering nations redefining the future through education, innovation, technology, and future-readiness.

Stay at a UNESCO World Heritage Site

An amazing opportunity to experience Suomenlinna, a renowned UNESCO World Heritage Site, offering a rich historical and cultural immersion.

Learning based on Curriculum 2030

The program is designed based on Curriculum 2030, a premier co-academic framework, making it far more than just a tour—it's a transformational learning experience.

Exclusive Certification

A globally recognized certificate from the University of Helsinki Center for Continuing Education, giving your child an academic edge and valuable proposition to add in resume while applying to prestigious universities for Under Graduate courses.

Visit Business and Innovation Centers

Students will visit Maria 1, the largest business center in Finland and a cutting edge innovation center in Estonia.

Pitch to the Sharks

Students will prepare a business plan during the program and do a 'Pitch to the sharks', a team of successful Finnish entrepreneurs, during their cruise to Estonia.

UN Sustainable City Development

The participants will build the model of a United Nations Sustainable Development City, based on the UN Sustainable Development Goals.



Kimmo Lähdevirta, Ambassador of Finland in India, and Rahul Easwar, Chief Innovation Officer of Lifology, with the dossier of the International Future Bootcamp.

Themes of Learning

01	Theme 1	Socio-Emotional Skills	Grit, Resilience, Perseverance, Emotional Intelligence
02	Theme 2	21 st Century Life Skills	Problem-solving, Decision-making, Leadership
03	Theme 3	Career Planning	Develop the Ikigai based on passion, aptitude and market opportunities
04	Theme 4	Innovation & Entrepreneurship	The Stanford University design thinking model, preparation of a business plan, entrepreneurial mindset
05	Theme 5	Global Outlook	Cultural adaptation, UN Sustainable Development Goals, International Perspective



Mirka Gustaffsson, University of Helsinki- HY+; Praveen Parameswar, CEO of Lifology; Erik af Hällström, Consul General of Finland; and Markus Talvio, Adjunct Professor at the University of Helsinki, at the grand launch event of International Future Bootcamp

Program Details

01 Location:

Helsinki, Finland; One day in Tallinn City, Estonia

02 Duration:

1 Week (including travel)

03 Group starts from:

Dubai

04 Tentative Date:

Between 20th to 31st July. The programme will be for 7 days within this window, with the exact batch date to be confirmed upon selection.

05 Safety and Security:

Every faculty who deliver the program are trained and certified by the University of Helsinki, Finland. Teachers from Habitat School, Al Tallah will also accompany the students.

HABITAT SCHOOL

TALLAH, AJMAN. UAE



Who Can Join? Students of Grade 9 to 12 (2025 – 26 Academic year)

Cost of the program will be **AED 13,000**
(Exclusive of taxes).

This covers visa, air travel, local transportation, accommodation, food, sightseeing, cruise charges, entry fees to all places we visit, training fee and certification fee. No extra money will be incurred.

ONLY 30 SPOTS AVAILABLE

ACT NOW!

This once-in-a-lifetime opportunity is open only to 900 students around the world in 2025-26 academic year. Out of them 30 students are from Habitat School, Al Tallah. Ensure your child is one of them! Seats will be allotted on a first-come, first-served basis.

Secure your spot now – express your interest through the link!

<https://tinyurl.com/habitatschools>

Last date for registration: 25th April

Please find the attached document with additional details.

Best regards

Principal

Ms. Mariyam Nizar
Habitat School, Al Tallah

Meike Krautscheid

Director - Finland 2030 Education Initiatives



University of Helsinki
Center for continuing education



Program **Schedule**



Arrival in Finland

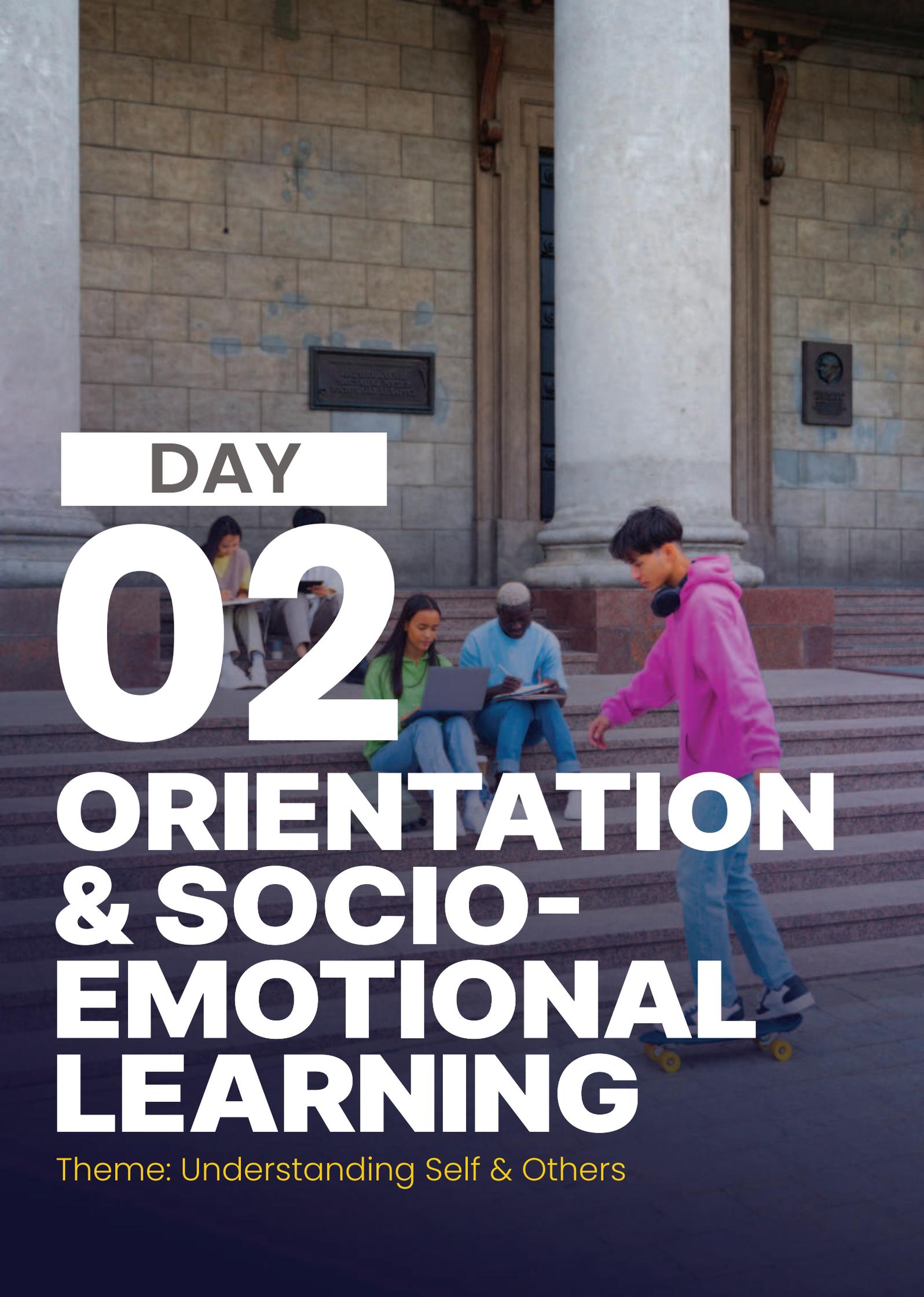
DAY

01

Check into Suomenlinna

UNESCO World Heritage Site



The background image shows a university building with large stone columns and steps. Several students are sitting on the steps, some using laptops and notebooks. A young man in a pink hoodie is riding a skateboard on the steps in the foreground.

DAY

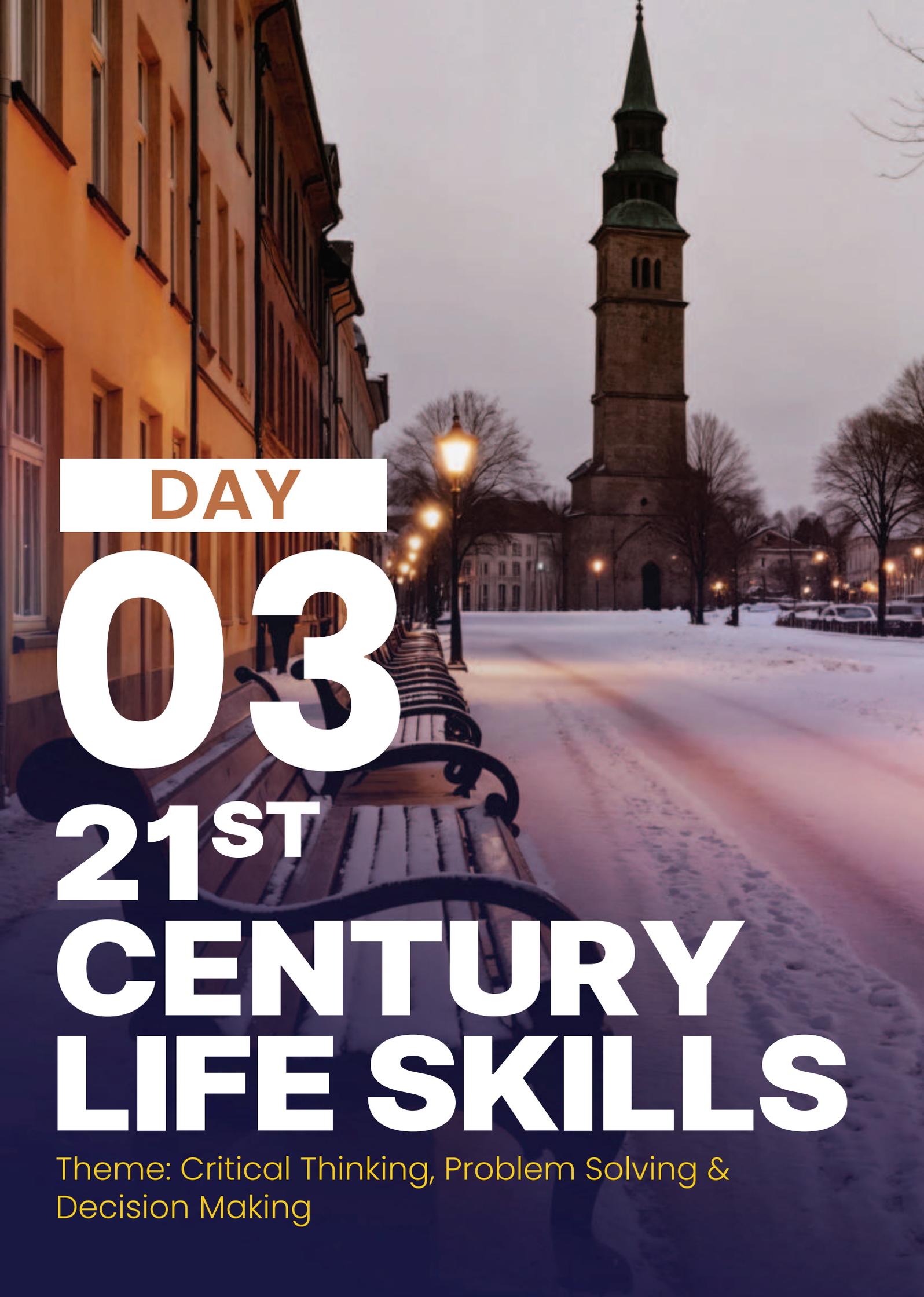
02

**ORIENTATION
& SOCIO-
EMOTIONAL
LEARNING**

Theme: Understanding Self & Others



Breakfast		07:00 – 08:00
Workshop	– Icebreakers & Team Bonding Activities	08:00 – 09:00
Workshop	– Discovering Self – Analyzing Personality, Capabilities, Strengths, and Positives	09:00 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– The Power of Empathy – Group Storytelling & Real-World Case Studies	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Exploring Suomenlinna (UNESCO World Heritage Site) & Interactive Heritage Walk	13:30 – 16:00
Leisure Time	– Nallen Sauna (Separate Sessions for Boys and Girls with Guidance)	16:00 – 18:00
Entertainment & Dinner	– Finnish Dinner & Folk Music Night	18:00 – 20:00

A winter street scene with snow-covered benches and a church tower in the background. The scene is captured in a soft, low-angle perspective, looking down a street lined with snow-covered benches. In the distance, a tall, brick church tower with a green spire stands prominently against a pale, overcast sky. The street is covered in a layer of snow, and the overall atmosphere is quiet and serene. The lighting is soft, suggesting a late afternoon or early morning setting.

DAY

03

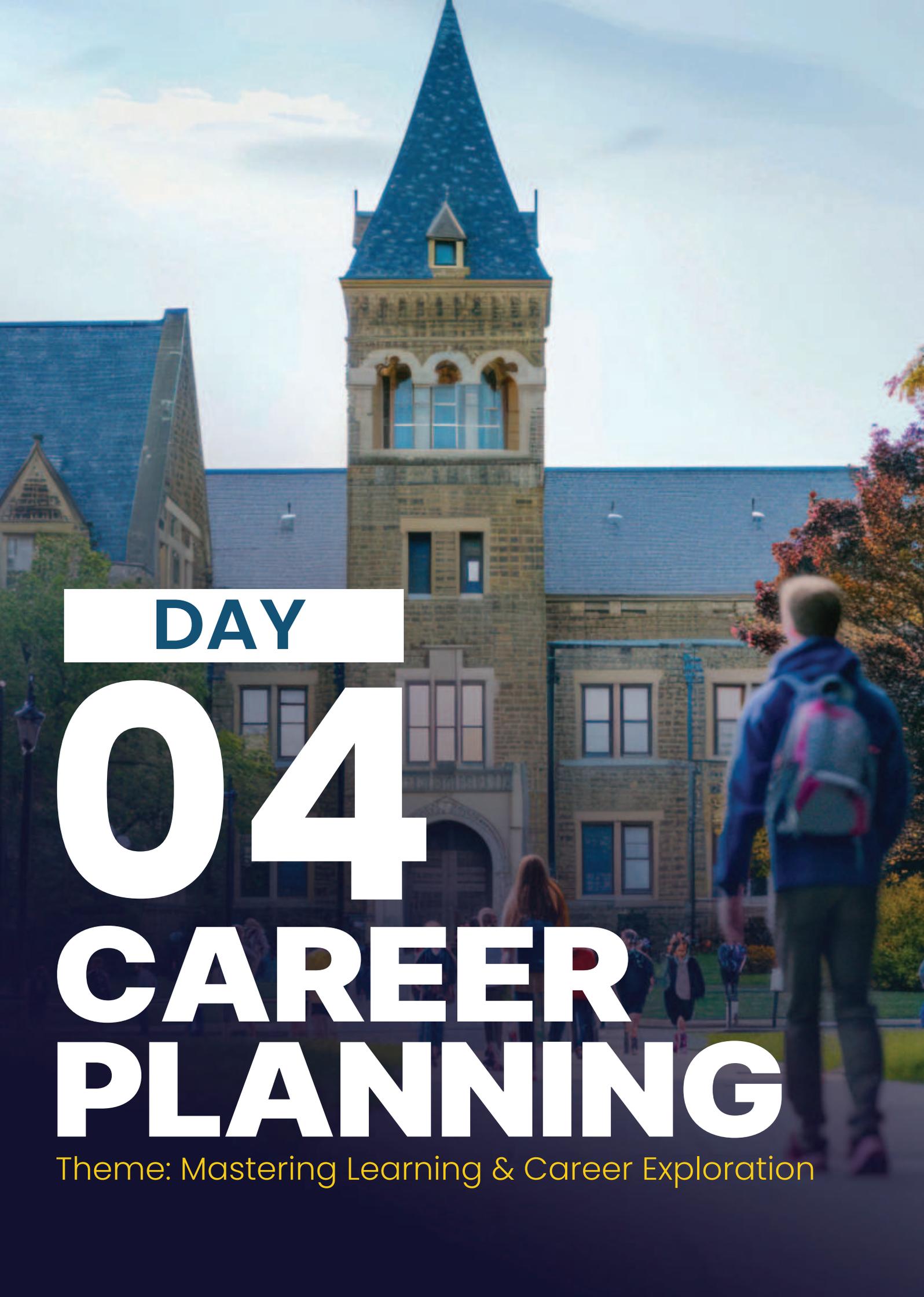
21ST

**CENTURY
LIFE SKILLS**

Theme: Critical Thinking, Problem Solving &
Decision Making



Breakfast & Morning Reflection		07:00 – 08:00
Workshop	– The Escape Room Challenge – A hands-on puzzle solving experience	08:00 – 09:30
Workshop	– Decision Making Lab – Simulated real world decision making scenarios	09:30 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Innovation workshop: Brainstorming and Ideation (Preparation for the Innovation Day)	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Helsinki City Tour PART 1	13:30 – 16:00
Cultural Exploration	– Exploring Finnish Nature	16:00 – 18:00
Entertainment & Dinner	– Dinner and Group Reflection	18:00 – 20:00

A large, multi-story stone building with a prominent blue-roofed tower. In the foreground, a student with a backpack is walking away from the camera. The scene is set outdoors with trees and a clear sky.

DAY

04

**CAREER
PLANNING**

Theme: Mastering Learning & Career Exploration



Breakfast & Day Planning		07:00 – 08:00
Workshop	– The Future Career Compass – Exposure to Future Career Options, European University Pathways & Career Discovery	08:00 – 09:30
Workshop	– Career Planning Simulation – Hands-on Development of Career Plan	09:30 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Innovation Workshop: Pitch Deck Development	11:00 – 12:30
Lunch Break		12:30 – 13:30
Business Visit	– Business Center Visit & Discussion with Finnish Entrepreneurs	13:30 – 16:00
Cultural Exploration	– Mini Shopping & Cultural Tour at Market Square	16:00 – 18:00
Entertainment & Dinner	– Dinner Over Campfire	18:00 – 20:00

CRUISE TRIP TO ESTONIA

A large cruise ship is shown from a low angle, sailing on a body of water. The ship is white with blue accents and has multiple decks. Two smokestacks are visible on the left side, emitting a small amount of smoke. The sky is a clear, bright blue. The ship is moving towards the right of the frame.

DAY

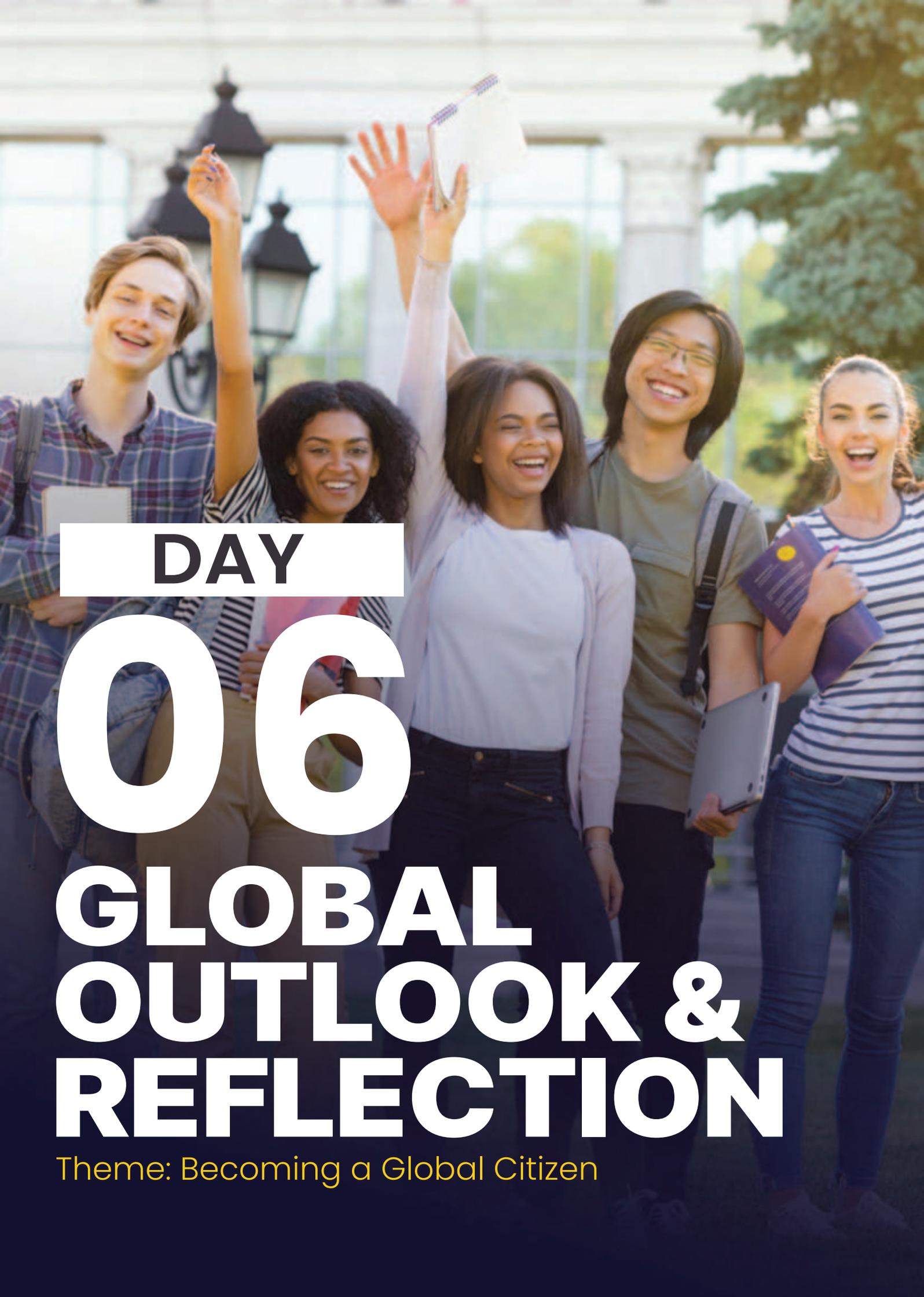
05

INNOVATION & ENTREPRENEURSHIP

Theme: Thinking Like an Innovator



Breakfast & Boarding the ferry to Tallinn City, Estonia		07:00 – 08:00
Workshop	– Pitching on the Waves: Innovation Pitch Competition	08:00 – 10:30
Coffee Break & Networking		10:30 – 11:00
Workshop	– Fail Fast, Learn Faster: Overcoming Failure & Resilience Building	11:00 – 12:30
Lunch Break		12:30 – 13:30
Cultural Exploration	– Tallinn City Tour	13:30 – 16:00
Cultural Exploration	– Estonia Exposure: City Exploration Continues	16:00 – 18:00
Leisure Time	– Return to Helsinki Boarding the Cruise to Helsinki	18.00 – 19.00
Entertainment & Dinner	– Innovation Talks & Dreams Sharing Over Dinner	19:00 – 21:00



DAY

06

**GLOBAL
OUTLOOK &
REFLECTION**

Theme: Becoming a Global Citizen



Breakfast		08:00 – 09:00
Leisure Time	– Morning Briefing & Group Photo Session	09:00 – 10:00
Workshop	– UN Sustainable City Development (UN Sustainable Development Goals, Global Outlook and International Mindset)	10:00 – 12:00
Lunch Break		12:00 – 13:00
Cultural Exploration	– Helsinki City Tour Part 2	13:00 – 15:00
University Visit	– University of Helsinki Campus Tour and Certification Ceremony	15:00 – 17:00
Leisure Time	– Downtime & Refresh at the Hostel	17:00 – 17:30
Reflection & Wrap-up		17:30 – 19:00
Entertainment & Dinner	– Farewell Gala Dinner and Celebration in Suomenlinna	19:00 – 21:00



DAY

07

**DEPARTURE
TO YOUR HOME
DESTINATION**