

LET'S
EXPLORE
THIS
SUMMER
2020

HABITAT SUMMER ASSIGNMENT
FOR GRADES V–XII

HABITAT SCHOOLS



A pandemic has made us stay home a lot more. Though the UAE has fortunately opened up most of the spaces, there are many countries where movements are still restricted. Many of us will be made to stay at home. Can we think of this as a possibility also? It is with this thought that, even when many of us are going to be tied to our houses, Habitat Schools go ahead and name its summer assignment "LET'S EXPLORE THIS SUMMER".

We have always been looking out far and wide. This summer let's look around ourselves: our rooms, balconies, compounds, nearby roads, trees and birds, plan exciting things within the house both alone and with the people at home. Let's see the beauty of the small. Let's learn and have fun with people within the four walls of our houses. Let's learn something from every single thing around.

Explore (meaning): travel through (an unfamiliar area) in order to learn about it, inquire into or discuss (a subject) in detail.

This assignment doesn't take you to any new area. But it asks you to see familiar, known areas from a new perspective- new ways of understanding, new things to do, new means of capturing. In that sense, make it all new!

NOTE TO THE PARENTS

This year's summer assignment is different from every year. Children are going to be bound to their homes and the usual kind of movement around is unlikely to be possible. We need to convert our homes & surroundings into a world where they can learn from. In this, your involvement and enthusiasm is going to be crucial. Kindly support and encourage in the activities and participate in them as much as possible.

Make sure the students are following all the health guidelines as per your residing country to prevent the spread of COVID19.

The Habitat Schools Team

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LET'S EXPLORE KITCHEN



Start learning how to do different aspects of kitchen work: chopping, cleaning, cooking, washing the dishes. Do only things that have zero health hazards.

Find out the history of food items cooked in your kitchen usually - both from your parents and from the internet. Make a chart showing all your findings.

Make a simple dish that doesn't involve any cooking on flame, in the presence of your parent. Let it be a favourite of one of your family members.

Find out the kinds of food you have on a daily basis and find out the calorie and nutrition value. Find out more nutritious and less calorie food items and see if you can include that in your family menu.



LET'S EXPLORE SURROUNDINGS



Write down all noises, colours, sounds and things you can see from different parts of your house all throughout the day.

Make a sketch/ a photo essay/ video about these things in the neighbourhood.

Add plants to your in-house/terrace garden. Those who are in flats, explore micro-farming. Those who have independent houses with a compound, name the plants in the compound, find out their specialities and plant some new plants/trees. Keep observing the growth of the saplings you have planted.

Keep some water outside your house for birds every day - neither too hot nor cold. Identify the time when the birds come to drink water and replace fresh water regularly. Observe the birds and look up their specialities online and write notes. Do not keep water bowls on window ledges but only on balconies.



LET'S EXPLORE HEALTH

Make a “summer health development plan” with exercises/yoga/dance/indoor games and nutritious diet.

Keep a record of time spent doing exercises every day.

Identify the most nutritious food and junk food, and regulate the intake of junk food.

Read about the practices in different parts of the world to stay healthy and write down ten points you have figured out in the process. Find out the ideal weight according to your body measurements and try to reach/maintain it.

Give eyes proper rest and do exercises while watching TV or working on the system.



LET'S EXPLORE FAMILY

Ask your parents about their childhood, education, vacation, jobs and travels.

Find out about the history, ways and culture of the native places of both the parents.

Talk to the aged ones in your extended family (such as your grant parents or grant aunts) and listen to their stories from childhood.

Find a regular time to communicate with your grandparents, relatives and cousins through online mediums and find out from your cousins how their experience of the vacation was. Write down things you found interesting in their work. Find out how they are all coping with social distancing. Find out about their online schooling experience.

Do activities you like with people in the house (craft, art, reading books, watching movies, make a 'community kitchen day' at home where everyone cooks or start a family garden).



LET'S EXPLORE OURSELVES



Read a minimum of 1 or 2 books this summer and write small notes about the experience.

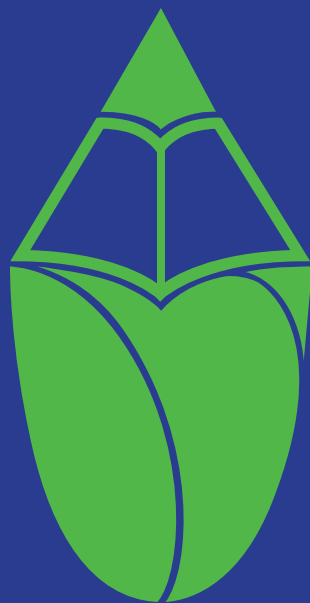
Find out about different kinds of hobbies and write a note on which one you find most exciting and why.

Watch 3 documentaries on historical events and on scientific phenomena.

Learn to read and write your mother tongue, if you don't already know. If you do, read 1 book in your mother tongue.

Try to write poems/stories/articles, sketch or paint, try to take photos and videos, start working on programming: try and explore yourself this summer.





HABITAT SCHOOLS

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