



# المدرسة الهندية العالمية الخاصة INTERNATIONAL INDIAN SCHOOL


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## Hot Weather Policy

**Ratified: August, 2025**

**Next Review Date: April 2026**

### Policy Responsibilities and Review

Policy Type	School
Reference	Ministry guidelines
Related Policies	Health & Safety Policy
Review Frequency	Annually
Committee Responsible	Health & Safety Committee
Chair Signature	 PRINCIPAL Ms. Qurat Ul Ain

### Sun care

Skin cancer is a serious concern, especially in UAE where the sun shines almost every day. Heat exhaustion is a potential problem and steps must be taken to prevent it. Parents should ensure that their children apply sun cream in the morning before coming to school. Hats are encouraged to be worn during recess times.

### Outdoor Heat Monitoring

During the summer months (May – September) when the outdoor heat increases, the following Heat Index will be followed:

**Between 35-40 degrees Celsius** – moderate-lower intensity activities are recommended with regular water break. Students are advised to stay under shade during breaks and lunchtimes. Discretion advised.

**Between 40-45 degrees Celsius** – lower intensity activities are to be included only for a maximum of 10 minutes. 5 minutes water breaks should be taken between activities. Students should remain indoors during break and lunchtimes due to activities being uncontrolled.

**Above 45 degrees Celsius** – any physical activity, lunch and break times should be moved into an indoor space with air conditioning

This policy ensures the safety, well-being, and comfort of all members of our school community during periods of extreme heat.