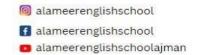


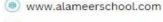
PHYSICAL EDUCATION POLICY

POLICY FOR	Policy focus on students betterment in Physical education and Sports
PERSON RESPONSIBLE	ASMAR V
REVIEW DATE	APRIL 2024
REVIEWED BY	PRINCIPAL / VICE PRINCIPAL
APPROVED DATE	1 ST MAY 2024
APPROVED BY	SLT
DATE OF NEXT REVIEW	MAY 2025
RELATED POLICIES	RISK ASSESMENT POLICY & HEALTH AND WELLNESS POLICY & DISCIPLINE POLICY.

The policy provides

- 1. Giving opportunity for participating various sports and games activities thereby focusing all round development of the child.
- 2. Promotion of personal, social and intellectual skill.
- 3. Promotion of leadership qualities by organizing various sports activities.
- 3. Knowledge of qualities like co-operation, tolerance and self-esteem etc.
- 4. Experience and develop life skills which help the students to express themselves in many different ways.
- 5. Awareness of physical, social and mental wellbeing.
- 6. Awareness of physical fitness, health and personal hygiene to lead a healthy life in present and future.
- 7. Standards of acceptable behaviour, knowledge of safe practice and instant response. **IMPLIMENTATION OF POLICIES.**
- 1. Weekly period allotted for each class.
- 2. Physical education is delivered in groups.
- 3. Strength and weakness are identified and corrected through various stages.
- 4. Inter house sports activities are organized during and after school session one in a month.
- 5. Physical education theory classes are arranged for grade 11th and 12th standard students.







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