

## PHYSICAL EDUCATION POLICY

POLICY FOR	Policy focus on students betterment in Physical education and Sports
PERSON RESPONSIBLE	ASMAR V
REVIEW DATE	MAY 2023
REVIEWED BY	PRINCIPAL / VICE PRINCIPAL
APPROVED DATE	18 <sup>th</sup> MAY 2023
APPROVED BY	SLT
DATE OF NEXT REVIEW	MAY 2024
RELATED POLICIES	RISK ASSESMENT POLICY & HEALTH AND WELLNESS POLICY & DISCIPLINE POLICY.

The policy provides

1. Giving opportunity for participating various sports and games activities thereby focusing all round development of the child.
2. Promotion of personal, social and intellectual skill.
3. Promotion of leadership qualities by organizing various sports activities.
3. Knowledge of qualities like co-operation, tolerance and self-esteem etc.
4. Experience and develop life skills which help the students to express themselves in many different ways.
5. Awareness of physical, social and mental wellbeing.
6. Awareness of physical fitness, health and personal hygiene to lead a healthy life in present and future.
7. Standards of acceptable behaviour, knowledge of safe practice and instant response.

### IMPLIMENTATION OF POLICIES.

1. Weekly period allotted for each class.
2. Physical education is delivered in groups.
3. Strength and weakness are identified and corrected through various stages.
4. Inter house sports activities are organized during and after school session one in a month.
5. Physical education theory classes are arranged for grade 11<sup>th</sup> and 12<sup>th</sup> standard students.