



ANTI-BULLYING POLICY

Student safety and positive study environment

PERSON RESPONSIBLE	THASLEEMA
REVIEW DATE	APRIL 2025
REVIEWED BY	THASLEEMA
APPROVED DATE	01 MAY 2025
APPROVED BY	SLT
DATE OF NEXT REVIEW	APRIL 2026
RELATED POLICIES	CHILD PROTECTION POLICY, BEHAVIOR POLICY, DISCIPLINE POLICY

“Bullying is unwanted, aggressive behavior that involves a power imbalance which is repeated over time. Bullying may be verbal, physical, or social. Examples of bullying may include making threats, spreading rumors, attacking someone physically or verbally, and excluding someone from a group on purpose.”

“Children who are bullied are more likely to experience depression and anxiety, increased feelings of sadness and loneliness, changes in sleep and eating patterns, and loss of interest in activities they used to enjoy. There may also be a decline in their academic achievement and school participation. They are more likely to miss, skip, or drop out of school.

The school believes that:

1. All children and young people have the right for an educational environment which is free from harassment and bullying.
2. Physical, verbal, emotional, intrusive, innuendo, racist and sexual bullying is to be dealt with very seriously within the frame of existing state law.
3. Promoting a secure, happy and caring environment where kindness and helpfulness are expected and respect should be promoted.
4. Praising and rewarding positive behavior benefits of the pupils and the community as a whole.
5. Students learn to respect themselves and others if crucial self-esteem is promoted.
6. Reducing emotional distress due to any kind of bullying ensures happy school time for all children

AIMS OF THE POLICY ALSO INCLUDE:

1. To demonstrate that the school takes bullying seriously and that it will not be tolerated.
2. To take measures to prevent all forms of bullying in the school and during off-site activities.
3. To support everyone in the actions to identify and protect those who might be bullied.
4. To demonstrate to all that the safety and happiness of pupils is enhanced by dealing positively with bullying through restorative practice.
5. To encourage pupils to tell someone that they are being bullied.
6. This statement is designed to include students, staff and parents.
7. All management team members and teaching and non-teaching staff should know what the school policy is on cyberbullying, and follow it when bullying is reported.
8. In all cases there will be zero tolerance to any bullying

Types of Bullying

Physical Bullying: Hurting someone's body or destroying their belongings like hitting, kicking, or pushing.

Verbal Bullying: Using words to hurt or insult someone. Name-calling or making hurtful comments.

Social/Relational Bullying: Hurting someone's relationships or social status like excluding someone from a group or spreading rumors.

Cyberbullying: Bullying using technology like social media or texting like sending hurtful messages online or posting mean comments.

Sexual Bullying: Making unwanted sexual comments or gestures like inappropriate touching or making sexual jokes.

PROCEDURE

1. The management confirms that appropriate supervision and monitoring practices are in place to prevent and deal with bullying behavior as per MOE guidelines.
2. Raising an awareness of the importance of anti-bullying.
3. Early intervention on detection.
4. Prevention of harassment.
5. Developing students and staff anti bullying forums.
6. Intimations sent to parents in print form to initiate parental involvement.
7. Bullying will be dealt with sternly suspension or expulsion according to the gravity of the offence.

PREVENTION METHODS FOR ANTIBULLYING

1. Clear Anti-Bullying Policy: Establish a comprehensive policy defining bullying, its consequences and reporting procedures.
2. Positive School Climate: Promote inclusivity, respect, and kindness through school-wide programs and activities.
3. Education and Awareness: Regularly educate students and staff about bullying, its impact, and ways to prevent it.
4. Confidential Reporting Systems: Implement easy, confidential ways for students to report bullying incidents.
5. Immediate Intervention: Address bullying incidents quickly and fairly, offering support to both the victim and the perpetrator.
6. Involve Parents and Community: Engage parents and local organizations in anti-bullying efforts and provide resources.
7. Cyberbullying Awareness: Educate students about responsible technology use and provide guidance on reporting cyberbullying.
8. Regular Monitoring and Evaluation: Continuously assess the effectiveness of anti-bullying strategies and adjust based on feedback.