



PHYSICAL EDUCATION POLICY

Focus on Students betterment in Physical education and Sports

PERSON RESPONSIBLE	ASMAR V
COORDINATOR	SREELAKSHMI
REVIEW DATE	APRIL 2025
REVIEWED BY	PRINCIPAL / VICE PRINCIPAL
APPROVED DATE	01 MAY 2025
APPROVED BY	SLT
DATE OF NEXT REVIEW	APRIL 2026
RELATED POLICIES	RISK ASSESMENT POLICY & HEALTH AND WELLNESS POLICY & DISCIPLINE POLICY

The policy provides

- Giving opportunity for participating various sports and games activities thereby focusing all round development of the child.
- Promotion of personal, social and intellectual skill.
- Promotion of leadership qualities by organizing various sports activities.
- Knowledge of qualities like co-operation, tolerance and self-esteem etc.
- Experience and develop life skills which help the students to express themselves in many different ways.
- Awareness of physical, social and mental wellbeing.
- Awareness of physical fitness, health and personal hygiene to lead a healthy life in present and future.
- Standards of acceptable behaviour, knowledge of safe practice and instant response.

IMPLEMENTATION OF POLICIES

- Weekly period allotted for each class.
- Physical education is delivered in groups.
- Strength and weakness are identified and corrected through various stages.
- Inter house sports activities are organized during and after school session one in a month.
- Physical education theory classes are arranged for grade 11th and 12th standard students.