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C.D.NO.032/23 DATE: 8/06/ 2023

## KINDERGARTEN FRUITS WEEK

Dear Parents,

Fruits are excellent source of vitamins and minerals for healthy body. With an objective to educate the children regarding the importance of fruits in their diet, we will be celebrating **Fruits Week** from **Monday**, 12<sup>th</sup> **June 2023 to Thursday**,15<sup>th</sup> **June 2023.** During this week, the students are requested to bring different fruits in the snacks box as per the given schedule.

Day	Date	Topic for KG I & KG II
Monday	12/06/2023	Many Seeded Fruits Apple, Watermelon pomegranate. orange etc
Tuesday	13/06/2023	One Seeded Fruits Mango, avocado, Peach, Plum etc
Wednesday	14/06/2023	Seedless Fruits Grapes, banana, pineapple etc
Thursday	15/06/2023	Fruit Salad Day (Special Assembly)

On 15<sup>th</sup> June 2023, Thursday, Parents are requested to send fruits of the child's choice to make the fruit salad. They may wear costumes or cutout of a fruit for the Fruit Salad Day Assembly. We look forward to your wonderful participation and support to make this activity a success.

With regards,

Dr. S.J. Jacob (Principal)