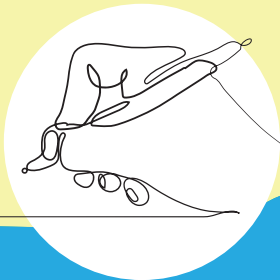# Let's Care this summer

the vacation Assignment

HABITAT SCHOOL

Let's Care this summer

Not to Students

Dear member of the Habitat School Community,

The word "care" could be both noun and verb: it could be a feeling or attitude towards the world or an act that involves the labour of love.

Very few periods in human history have gone, telling us the importance of care like the present time: of being careful for oneself, of taking care of others, of caring for the whole world. One lesson Corona leaves us with is that: we have got to care for all.

Habitat School's summer assignment is a project in keeping with its foundational philosophy of learning something from everywhere. It provides a frame and a set of to-dos that allow you to grow by learning from the surroundings.
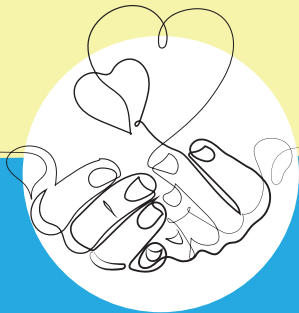
Please find your summer activities in the following pages.

Hope you enjoy them.
As always, don't forget to bring back stories to us.

With the warmest of wishes,
The Summer Assignment Team, Habitat Schools.

self
Care

In a pandemic time, it is important to take care of ourselves at all points. This includes wearing masks, sanitizing hands and keeping social distance at all points. But since many of us are going to be indoors, it is important to do the following:

1. Do exercises for at least half an hour.
2. Read at least 10 pages from some book every day.
3. Write at least one page every day.
4. Expose your body to the sun for Vitamin D.
5. Clean your room, books and toys every day.

Family Care

Many of us are stuck within the houses a lot more now and taking care of each other in the house-hold is quite important. So here things to do at home:

1. Help your father/mother in any work they do.
2. Make sure one meal of the day is had together.
3. Talk to at least one new cousin in a week and find out how they are doing.
4. Find out about your family history and write a note/story/painting/create an album around it.
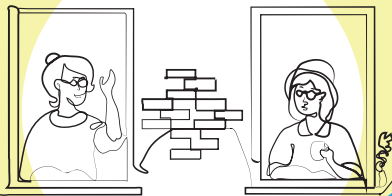
Neighbour
Care

Neighbours are the ones who are closest to us during a time of lock-down. Be friends with the neighbours and get to know them.

1. Find out about their well-being and talk to friends from there in phone/online interaction every week.
2. Prepare cards/write letters with your stories/ experience.
3. Ask your neighbours to tell you about their family/culture/language and write a short note about any of these.
4. Watch a movie/read a book with a friend from the neighbourhood and do a combined assignment on it.

Earth Care
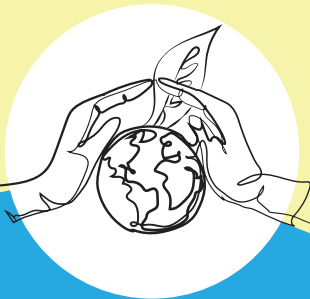
Earth cares. It always does. A lot of times, we haven't cared for the well-being of the earth. Making sure toxic materials don't go into the earth and cultivating plants are things we can start off with. The following are the tasks from the summer assignment:

1. Plant 3 saplings and make sure you are taking care of these saplings and the previous ones and not damage or harm any plants.
2. Keep water and food for birds, anywhere in the house if there is such space. (If possible in clay pots, in courtyards or balconies and change the water daily)
3. With parents, make sure that plastic waste and bio-waste are separated at home. Start making compost at home
4. Find out about one environmental hero and prepare a small presentation on him/her.
5. Collect the utility bills of the previous two months and try making a new record by reducing the bill. Jot down the method you used to reduce consumption.

Social Care

Our health is everyone's problem and everyone's health is our problem, one person alone can't stay healthy- that is one thing Corona has made us understand. So caring for the society is very important. The tasks are:

1. Either contribute an amount, however small it is, to some social cause or send people who are doing good work a thank you card, online.
2. Find out about how one school in another country/state conducted their classes and write a small note about it.
3. Prepare a small video asking people to follow safety measures for Corona and be kind to each other in this difficult time.
4. Write a letter/make an audio-note/video-message thanking doctors/nurses/health-workers for their selfless, hard and good work