



## #Resilience - KG to Grade 12

Dear parents,

Greetings from GMS family.

As we still grapple with the effects of the COVID -19 and wait for the pandemic to end, there is one key human characteristic that has shone throughout the ordeal.

RESILIENCE. The power of humanity to cope and bounce back from struggles.

As parents we still struggle or are looking for answers on how we can teach our kids about resilience and how to model positive behavior.

So do Join us ,the inclusion department as we introduce our counselors and they talk about the services offered at GMS that help you and your kids deal with the emotions and queries you may be facing .

Date :12th September (Saturday)

Time: 4.30pm-5pm

Link :[meet.google.com/eqx-khvr-yrg](https://meet.google.com/eqx-khvr-yrg)

Hope to see you soon..

Warm regards

Inclusion Department

Gulf Model School

Dubai