



International Yoga Day (21st June 2021-22)

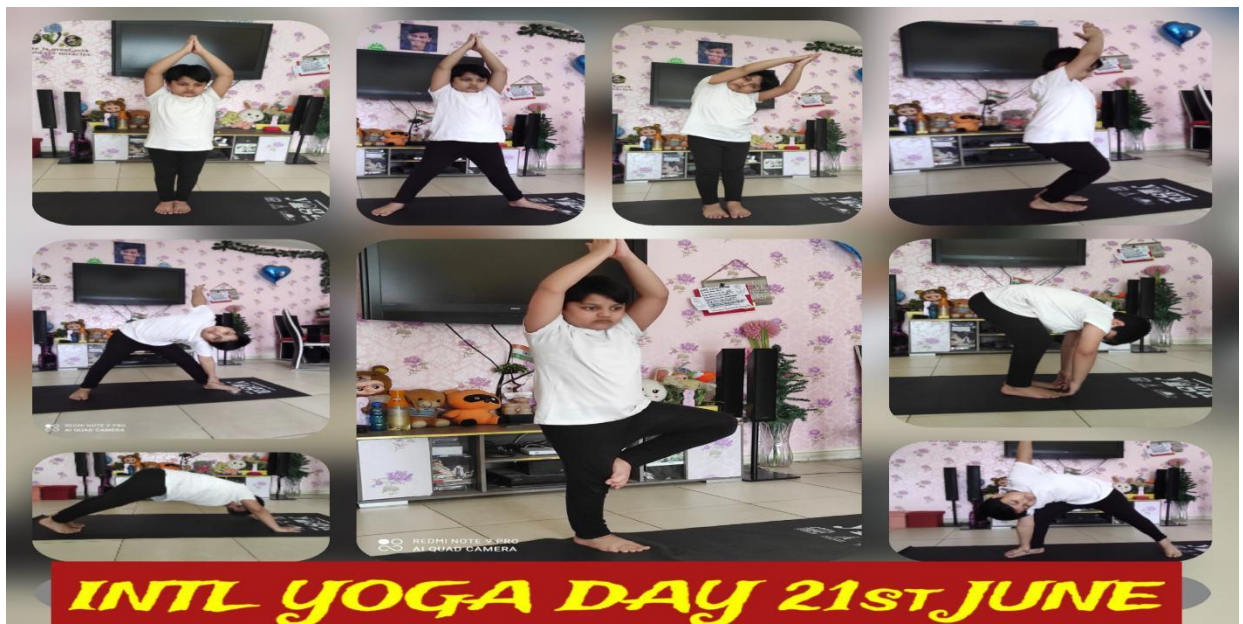
Since its inception in the year 2015, June 21st is celebrated as “The International Day of Yoga” all over the world. International Yoga Day was celebrated by the students and teachers at Leaders Private School with great enthusiasm. Special virtual assembly was conducted with student council members speech. Warm up exercises were taken and all the students performed sitting and standing asanas, importance of these were explained simultaneously. Students of all grade demonstrated various asanas followed by fun filled activities related to yoga.

- 1. Fun with Yoga-Video.**
- 2. Fun online yoga worksheet.**
- 3. Placard making on yoga posture.**
- 4. Yoga asanas and their benefits. (House wise activity).**
- 5. Online quiz on Yoga.** The celebration concluded with UAE national anthem.

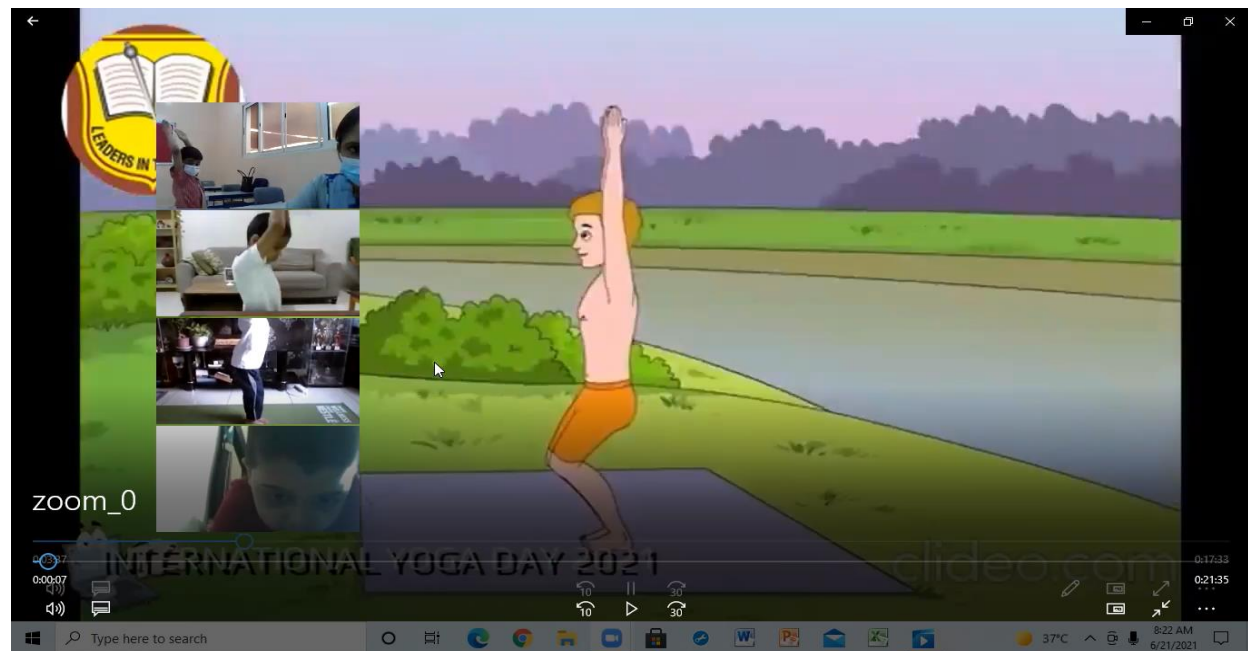
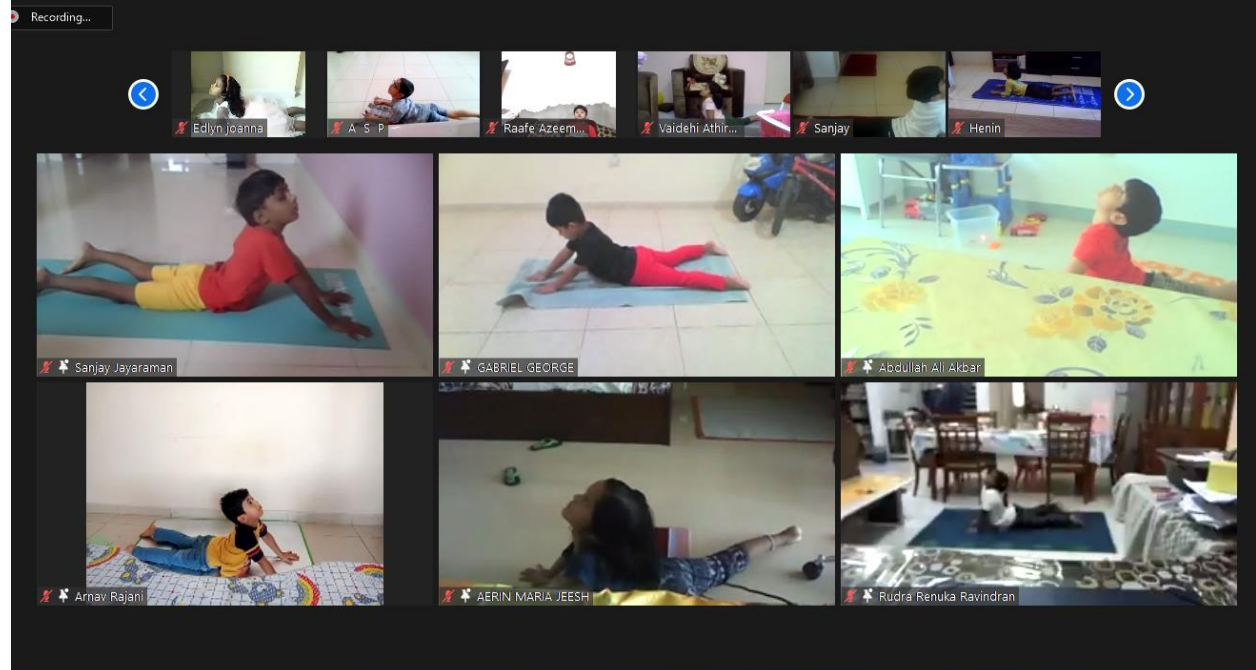
“Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; a holistic approach to health and well-being. It is not about exercise but to discover the sense of oneness with yourself, the world and the nature. By changing our lifestyle and creating consciousness, it can help in well being.”

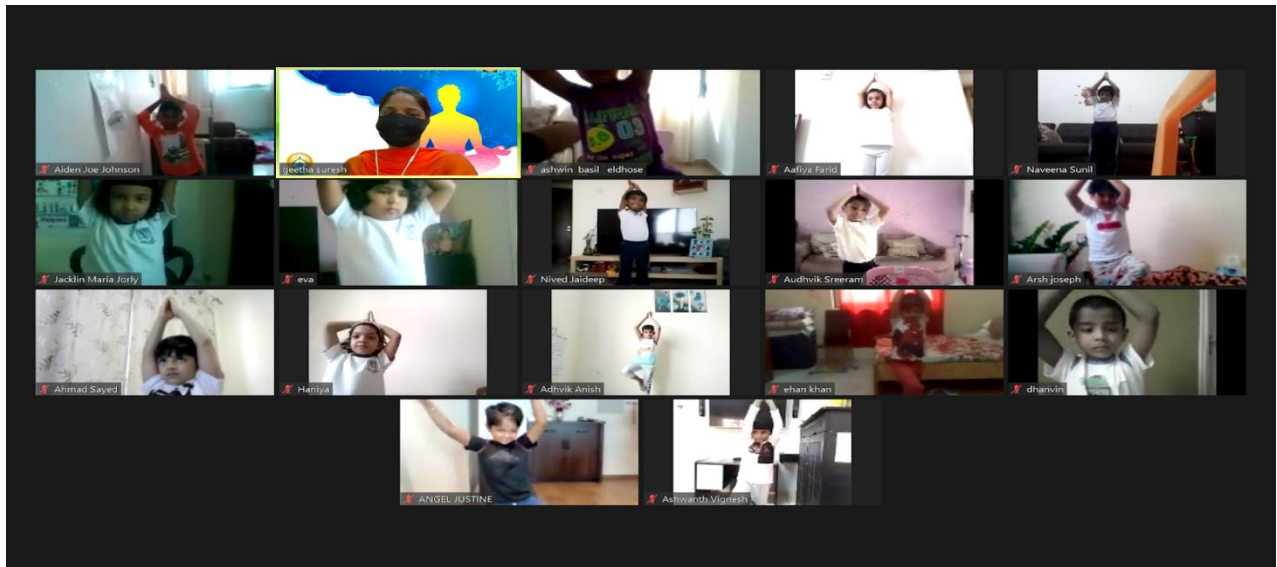
Regular practice of yoga will surely help our students achieve a better life, physically, mentally and spiritually as well.

**PE DEPARTMENT
LEADERS PRIVATE SCHOOL, SHARJAH**





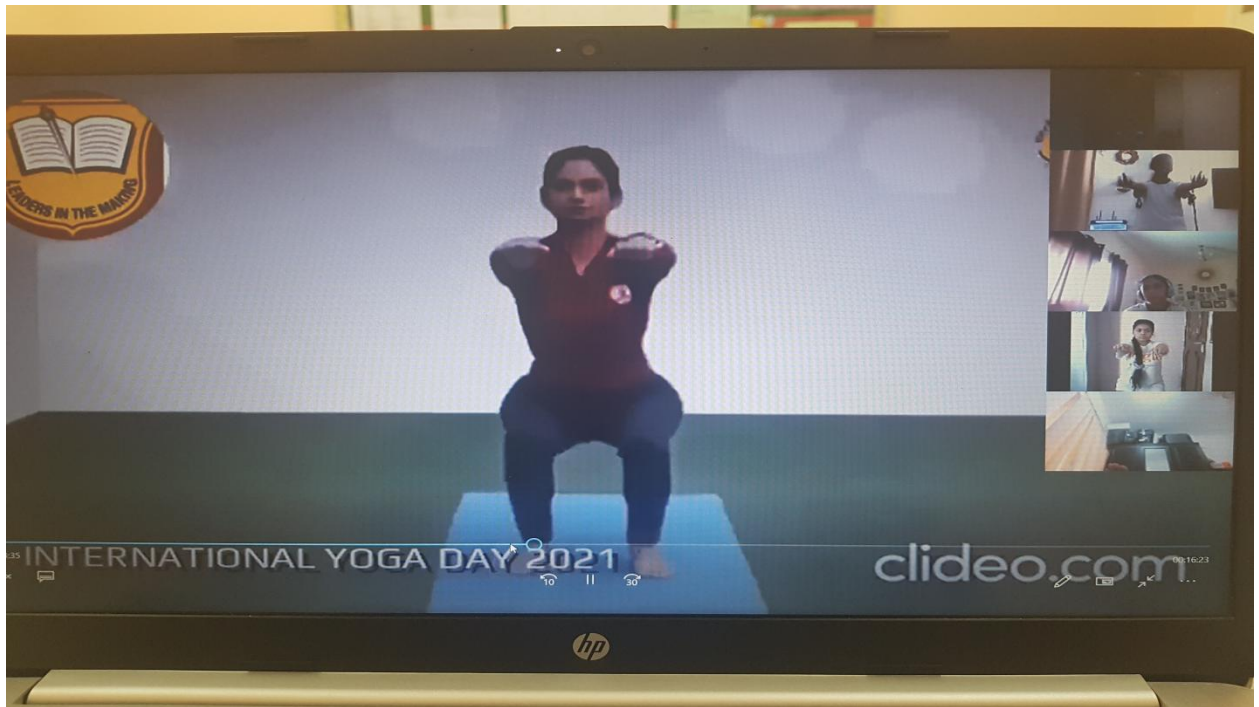




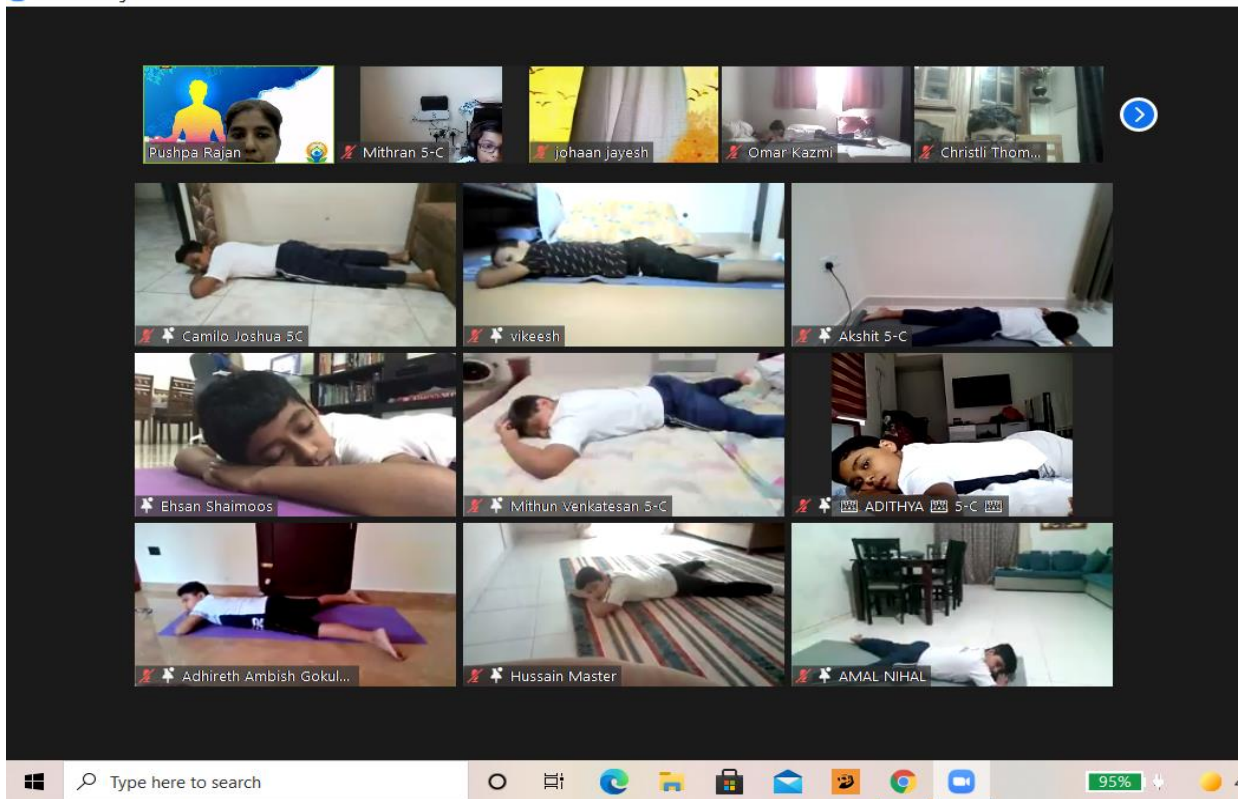


A screenshot of a Windows desktop showing a video player window. The video features a cartoon character in a yoga pose (Urdhva Dhanurasana) against a background of a green field and blue sky. The text "INTERNATIONAL YOGA DAY 2021" is displayed at the bottom of the video. The video player interface includes a progress bar, volume icon, and a search bar. The Windows taskbar at the bottom shows the time as 11:54 PM on 21-Jun-21. On the right side of the desktop, there is a vertical stack of five small thumbnail images showing the same boy performing various yoga poses.





Zoom Meeting





Leaderboard Questions

13 / 14 done Show only top

Rank	Name	Points
1	Shahazad Nazar	17980
2	SANCHO SHAJI	10530
3	Tarun Hrishikesh	9750
4	wendell	8550
5	Ponith Akshay	7860
6	Adithyadev Saij	7350

adithyadev saji

Wendell Castellino

Tarun Hrishikesh

Help

YOGA QUIZZ-LINK - bhali x ATTENDANCE SHEET 202 x GRADE 3 AND 4 ATTEND x ATTENDANCE GR11&12/ x Live Dashboard - Running x

quizizz.com/admin/quiz/60d040447338ad00206eb02e/startV4

JOIN CODE
206 708

103 **57%** Accuracy

Leaderboard Questions

10 / 12 done Show o

Rank	Name	Points
1	Atrayee	10000
2	keyaa	9750
3	mehak	9635

Help

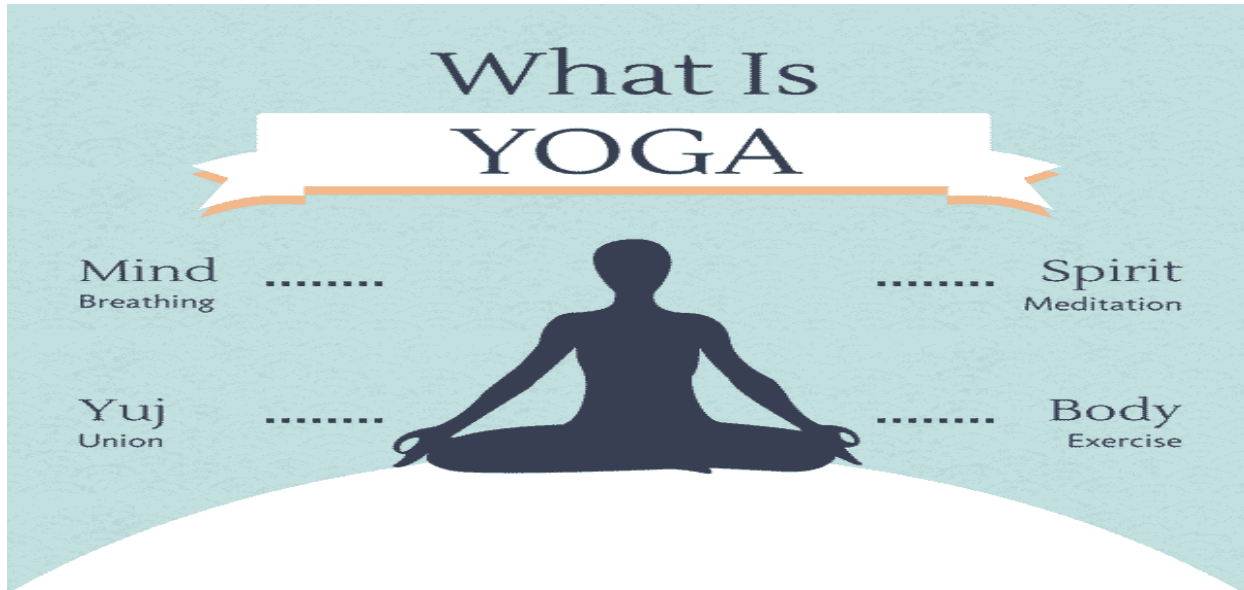
0:07:18

Type here to search

42°C

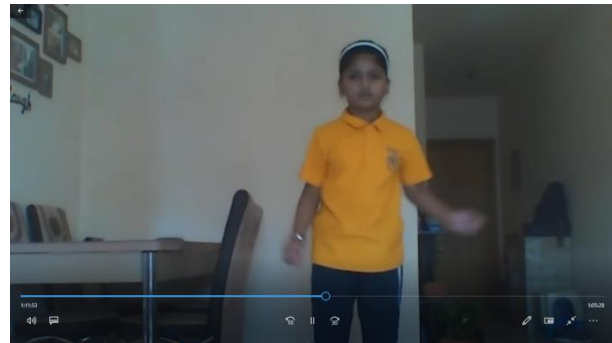
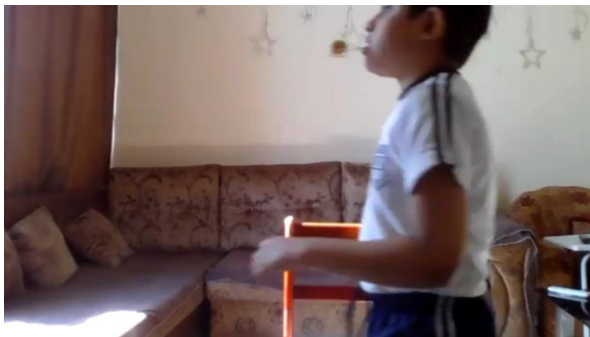
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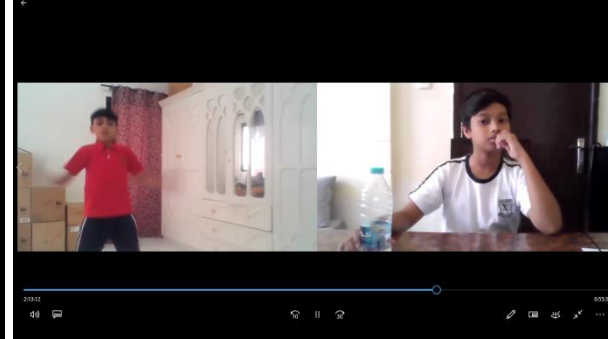
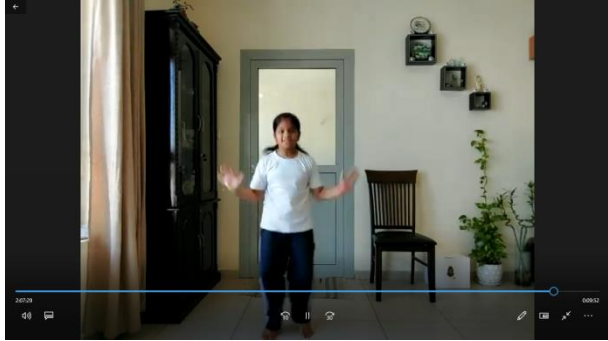
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Sports day conducted for Grade 1 to 8

The 2nd virtual sports meet of LEADERS PRIVATE SCHOOL, SHARJAH was conducted on 19th of February 2022 for the students of grade 1-8 with recreational virtual sports events like jumping jack, side jumps, throw clap and catch etc. All the students participated in at least one event as per their choice. It started at 8 am and finished by 2:30 pm. All the participants were given participation certificate/merit certificate individually. It was conducted category-wise such as 1&2, 3&4, 5&6, 7&8 Grades. Students were able to maintain a sense of healthy competition among all of them. To conclude, all the students were elated and very much contented.

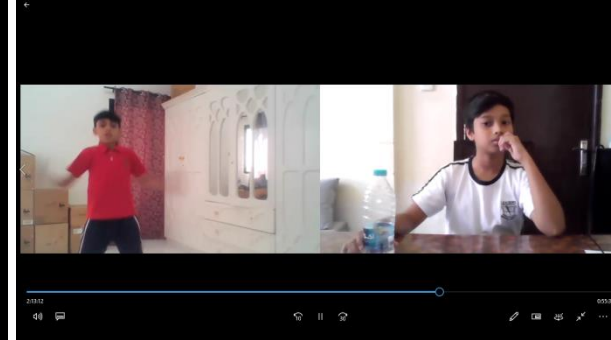
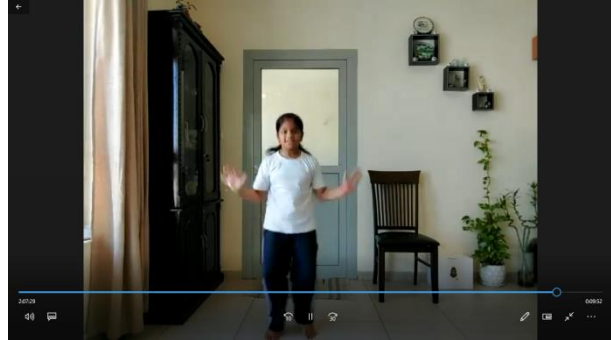
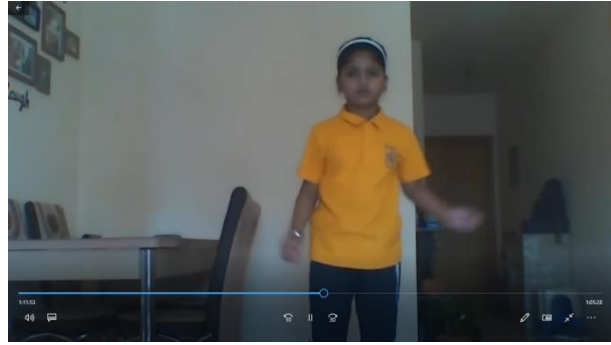






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SPORTS ACTIVITY

(GRADE-9 &12)

The annual sports activity was conducted on 10th February, 2022 for grade 9 to 12 students. An onsite sports activity is being conducted after two years and all the students were enthusiastic. The events included Badminton, Throw ball and 100m race. Most of the students participated with zeal and played hard to earn points for their respective houses. The sports activity enabled the upliftment of team spirit within students. It proved refreshing to the students since they were engaging in physical activities after a gap of two years and helped build energy among them. It was a fulfilled and memorable day for all the students.

RESULT OF BADMINTON:-

GRADE 9:- Keerthana won 1st place by 12-10 points

Amina won 2nd place

Selen won 3rd place

GRADE 10:- Adithi & ADEEBA SHAHABADITI DEEPAK CHANNAVAR won first place

Ananya & sara won 2nd place

Rishima & Kritika won 3rd place

GRADE 11:- Blessna won 1st place by 15-07 points.

ANN MARIYA won 2nd place.

PRERANA RAM KUMAR won 3rd place.

GRADE 12:- SAANIKA DINESH MAHAJAN won 1st place by 15-11 points.

Isha won 2nd place.

ADHIRA KUMAR won 3rd place.

RESULT OF THROW BALL:-

GRADE 9:- 1ST RUBY

2ND TOPAZ

3RD EMERALD

GRADE 10:- 1ST EMERALD

2ND SAPPHIRE

3RD TOPAZ

GRADE 11&12:- 1ST TOPAZ

2ND RUBY

3RD SAPPHIRE

100 MTS RACE GRADE 9 :-

RUBY:- 1ST DEVANANDA

2ND :- AMINA

3RD:- LAKSHYA

EMERARLD :-1ST MALIHA

2ND LAYAN

3RD NAYANA

SAPPHIRE:- 1ST NEYA

2ND ANDREA

3RD SELEN

100 MTS RACE GRADE 10 :-

1ST: KRITIKA & ZOYA

2ND JIYA & JEDIDIAH

3RD REEBA & NEHA

100 MTS RACE GRADE 11 :-

1ST BLESSNA

2ND VIDHYA

3RD PRERANA & NIKHITA

100 MTS RACE GRADE 12 :-

1ST AAYISHA

2ND JEEVITHA

3RD ADHIRA













INTER HOUSE BASKETBALL TOURNAMENT(BOYS)

GRADE 9 &12

GRADE 9 BASKETBALL:- 1ST SAPPHIRE

2ND TOPAZ

GRADE 9 BASKETBALL:- 1ST SAPPHIRE

2ND TOPAZ
3RD RUBY

100MTS:-

1ST JOEL
2ND ALOK & JARRON
3RD ARYAN

GRADE 10 BASKETBALL:-1ST TOPAZ

2ND RUBY
3RD SAPPHIRE

100MTS:-

1ST ADITYA DEV SHAJI ,
PRANAV 10C,
SHEHJAD
2ND FAATIH,
ZAYAN,
PONIT,
3RD JUAN,
ISHAN,
ZAID

GRADE 11 BASKETBALL:- 1ST EMERALD
2ND SAPPHIRE

100MTS:-

1ST ALLEN
2ND SAHIL
3RD RAHUL

GRADE 12 BASKETBALL:- 1ST SAPPHIRE
2ND EMERALD
3RD RUBY

100MTS :-

1ST AMMAR
SANIDHYA
2ND AADIL ABBAS

ASHAZ
3RD RISHI