

e-Learning



Tips for Parents



E-learning is the best solution to keep our students moving academically forward in the current situation of social distancing. Technology may bring forth convenience to our daily lives but may also have some challenges to our next generation. It really depends on how we are going to use it. Let us see a few approaches which can be exercised to make E-learning effective.

Tips for using electronic screen products





Curious about the environment and like to explore.

- Create a dedicated classroom space within your home.
- Create a schedule that includes incorporated dedicated time into each day for learning. When you make a plan, think about the time your child is most likely to give his or her best work and attention.
- Help young children to develop good habits in using electronic screen products, including proper sitting posture and using skills.
- Make sure children use electronic screen products with your help.



Curious about the environment and like to explore.

- Make sure they have off screen activities as long duration of use of technology is forbidden to ensure sufficient rest for eyes.
- Support emotional balance by providing more time for quality parent-child activities like talking, reading, playing games, drawing, colouring and doing physical activities.

Primary school



Master their learning and develop their social circle in schools.

- Place the computer in an open area accessible by parents to provide timely guidance. Ensure that the learning space is always clean and disinfected.
- Talk positive about the classes and build interest in your ward, so that he or she looks forward to attend and learn everyday.
- Install filtering software with children's consent to avoid them getting access to inappropriate materials.
- Equip children to avoid making friends only known online and teach them to protect their own personal data and privacy of oneself and others.

Primary school



Master their learning and develop their social circle in schools.

- Have some understanding on the applications and webpages used by children and provide other guidance when necessary.
- Make sure your kids take plenty of breaks in order to get physical activity and time away from screens. Ensure that they do some eye relaxing exercises between each session.
- Be a role model for children in showing respect to individuals, especially their teachers and abiding to the laws in the community and in the virtual world.

Secondary school



Gain freedom, privacy, recognition and respect from others.

- Educate children to be responsible, respectful, disciplined and empathetic.
- Strengthen the awareness to protect personal privacy as well as the understanding on laws and regulations related to computer crimes.
- Teach them to report when they come across online cheating or cyberbullying.

Secondary school



Gain freedom, privacy, recognition and respect from others.

- Understand youth culture and make sure they do internet activity only with your consent.
- Understand online risks and guide them.(e.g. online friendship, pornographic information, cyberbullying, etc.)
- Offer an environment to develop mutual trust and sharing culture in family.